

## PROFESSIONAL DEVELOPMENT COURSES, 2021

### ADAPTIVE LEADERSHIP: COACHING & MENTORING FOR HIGH PERFORMANCE

The skills of Coaching and Mentoring are in high demand among the top ten skills most requested by employers! If you want to keep your management and leadership skills current and expertly engage and motivate your staff, this is a course not to be missed!

1 March  
21 June  
14 October  
9:30-5pm

### THE NEUROSCIENCE OF TOUGH CONVERSATIONS

Have you ever wanted to get better at offering feedback, raising sensitive or contentious issues, or managing your own emotions during conflict? In the Neuroscience of Tough Conversations, you'll develop the skill set necessary to engage in purposeful and productive tough conversations.

29 March  
26 July  
22 November  
9:30-5pm

### THE CONTEMPORARY LEADER: ENHANCING THE INVISIBLE SKILLS

What we once considered 'soft skills' are increasingly important as we move to a future of complexity. These continue to take the spotlight in leadership recruitment. This course provides an essential framework for enhancing Emotional Intelligence, identifying personal strengths, areas for development, and gaining tools to operate masterfully on an interpersonal level.

12 February  
19 July  
17 November  
9:30-5pm

### CAREER NINJA: JOB APPLICATION AND INTERVIEW SKILLS

This course addresses all aspects of job applications and interviews by giving you tools to interpret selection criteria, maximise your strengths, talk about your core skills and project forward into a new position. We will also explore techniques to stay calm, be clear, succinct and confident when in an interview.

22 April  
27 August  
26 November  
9:30-5pm

### MASTERING TIME: HOW TO MANAGE YOUR TIME AND ENERGY FOR ULTIMATE IMPACT

This course addresses the concept of time through a very unique lens! Not only is managing our time important, but equally so we have to manage our energy and cognitive capabilities. This course examines all three to provide you with the knowledge and tools to help you manage your multiple resources (time, energy, brain power) to get the most out of your day.

25 June  
22 October  
9:30-5pm

### MANAGING TEAMS IN CONTEMPORARY ENVIRONMENTS

Working flexibly, in ABW, WFH and in Virtual Environments are the 'new normal'. This course provides the opportunity to understand the multiple layers to effective management within the context of managing teams who are geographically dispersed and working in flexible ways. Come and explore the changing workplace from a new and insightful lens.

25 February  
27 April  
4 June  
4 August  
7 October  
9:30-5pm



## CONSCIOUS INTERACTIONS: DEVELOPING WINNING WORKPLACE RELATIONSHIPS

24 March  
28 July  
24 November  
9:30-5pm

Conscious Interactions is designed to give you the critical interpersonal edge by radically enhancing your capacity to engage effectively with others. Studies now indicate that a key skill required to keep our careers viable is the capacity to build productive, purposeful and meaningful relationships. This course will unpack the invisible experience of human interactions.

## STEPPING UP: BECOMING A MANAGER OR SUPERVISOR

Moving from a specialist in your field to now managing or supervising people is a significant shift in both mindset and skill set. This course explores the Emotional Intelligence and Strategic Thinking skills required to purposefully structure, build, manage and lead a high performing team.

5 March  
18 June  
3 September  
3 December  
9:30-5pm

## DEMYSTIFYING INNOVATION: WHAT IT IS, HOW TO FOSTER IT AND HOW TO HARNESS IT

30 March  
8 June  
14 September  
9:30-5pm

The world is experiencing a rate of change never seen before. We know for certain that innovation, agility and flexibility are the 'new' strategic planning processes and essential contemporary skills. This course explores the Neuroscience and social and workplace dynamics behind innovation and developing innovative people! It will leave you with a fresh understanding of what innovation means and how to strategically maximise it.

## THE LIFE PIVOT: UNDERSTANDING AND AMPLIFYING WELLBEING

Wellbeing is fundamental to building and maintaining a productive, positive and purposeful life. If you are wanting to explore key ways to improve your physical, mental, social and emotional wellbeing in addition to improving your capacity to recover from adversity, then this one day training will give you the tools and theoretical frameworks to set you up for success.

21 April  
25 August  
1 December  
9:30-5pm

## INSIGHT: UNDERSTANDING CONSCIOUS AND UNCONSCIOUS BIAS

25 March  
16 July  
25 November  
9:30-1pm

This course explores a contemporary and complex issue in a very unique way and allows participants to gain deep insight into their own 'operating system'. The aim of this course is to empower strategic thinking capabilities through providing you with the insight, tools and skills to make more effective, informed and critical decisions.

## CONSCIOUS COMMUNICATION: INFLUENTIAL COMMUNICATION SKILLS

This course provides Neuro-Linguistic Programming (NLP) and NeuroSemantics Techniques to elevate your communication to a whole new level of understanding and strategic capability! Learn how to engage, motivate, create compelling narratives, speak to the heart and the mind and communicate with a variety of thinking and processing styles. This course is for anyone who has ever thought: I could have said that better!

23 March  
20 July  
23 November  
9:30-5pm

## INCLUSION

PunkPD also deliver:  
RED (Respect Equity and Diversity) in Practice, The Masterful REDCO and The Ability in Disability throughout the year. Check out our website or facebook for dates!

## MORE OPPORTUNITIES!

PunkPD specialise in developing bespoke designs, tailor-made for your team or organisation. Stay in touch via: [www.punkpd.com.au](http://www.punkpd.com.au)  
<https://www.facebook.com/PunkPD>  
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Inquiries and enrollments: [awesome@punkpd.com.au](mailto:awesome@punkpd.com.au)